



Questions to Uncover Your Diversity Story

Our brains are wired to connect with stories and each one of us has a story to tell. In fact, all of us has a diversity story waiting to be uncovered and shared for the greater good. These 17 questions are meant to help you start discovering your diversity story.

1. When did you first become aware of racial/ethnic differences?
2. Share a situation when you were in the minority
3. Describe a time you witnessed discrimination
4. Your best experience with a person of a different race/ethnicity
5. What makes you different?
6. How do your thoughts about diversity differ from your parents'?
7. Describe a time you experienced prejudice
8. Where do you see prejudice?
9. How do you respond to jokes that are demeaning or derogatory?
10. A time you felt like an outsider and how you dealt with it
11. An instance when someone went out of their way to make you feel included?
12. A time you went out of your way to make someone feel included?
13. A time you shared an unpopular idea
14. Describe a time you felt lonely in a big group of people
15. Why do you seek out people similar to you as friends?
16. Do you feel your friends are more similar or dissimilar to you?
17. Everyone has had times in their lives when they felt they didn't "fit in." Think back to a time when you felt different. Everyone has felt different... no matter who they are, where they lived, or how they grew up. What happened? How did you feel? What did you do? How did you overcome?